

CASE STUDY

Overcoming Shoulder Pain: AuraWell's Integrative Approach



Challenge

A 60-year-old fitness enthusiast who found himself hindered by persistent shoulder pain. Despite undergoing conservative treatments for four months, he found no relief. Seeking an alternative solution, he turned to AuraWell PEMF therapy to alleviate his symptoms and regain shoulder functionality. He suffered from persistent shoulder pain, hindering his daily activities and preventing him from engaging in workouts involving his left shoulder. His goal was to find an effective treatment that would reduce pain, restore range of motion, and allow him to resume his active lifestyle without restrictions.

Solution

Recognizing the anatomy of the shoulder joint and the repetitive strain it endures, AuraWell's integrative therapy offered a holistic approach to address his specific condition—biceps tendonitis.

Combining traditional treatments with AuraWell PEMF therapy was recommended to address the inflammation and promote healing in the affected area. The therapy involved targeted sessions using the AuraWell NOVA HD device.

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Results

After just three AuraWell sessions, the client experienced a significant decrease in soreness at rest and a 50% reduction in pain during overhead activities. Prior to the third treatment, a biceps tendon mobilization was performed to enhance the effectiveness of the therapy. By the fifth visit, the client regained full shoulder range of motion, strength, and returned to his workouts without any restrictions.

This case study demonstrates the potential of AuraWell PEMF therapy as an integrative approach to treating biceps tendonitis. By combining AuraWell with traditional treatments, such as physical therapy, chiropractic care, or massage, clients can experience improved benefits and accelerated recovery.

Within the first few months of working with Aura,
we were able to:



Decrease Pain



Provide a seamless
experience to our clients



Accelerated Recovery

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