

# CASE STUDY

## AuraWell Saved My Life - Empowering Recovery After Stroke



### Challenge

Janet, a 53-year-old female, had been suffering physically, mentally, and emotionally for five years following a stroke. The debilitating effects left her with a severe tone, spasticity, and weakness in her left extremities, requiring assistance with daily activities. Traditional therapies and medications had limited success, leading her to explore alternative care options.

### Solution

Janet's goal was to regain independence and improve her overall well-being after a stroke, including managing tone and spasticity, reducing pain, and overcoming depression, anxiety, and alcohol dependency.

Janet embarked on a program of AuraWell PEMF therapy sessions three times a week for four weeks. The sessions targeted her foot drop, spasticity, and head and neck area, utilizing low-intensity treatments.

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## Results

Within a month, Janet saw remarkable improvements. Her blood pressure normalized, hip and lumbar pain decreased, and upper extremity tone decreased by 30%. She stopped taking anxiety and depression medications and quit drinking alcohol. Janet purchased her own AuraWell device and experienced ongoing physical, emotional, and mental improvements over three months.

- **Left Upper Extremity:** Reduced pain and increased shoulder range of motion, decreased elbow tone, relaxed hand, improved thumb movement, and mild wrist flexion/extension.
- **Left Lower Extremity:** Enhanced gait quality, active dorsiflexion in the left foot, independent walking and stair climbing, reduced hip/knee pain, fewer falls, and improved balance.
- **Mental/Emotional Well-being:** No longer taking depression/anxiety meds, 80% decrease in headaches, significant reduction in alcohol consumption, improved focus, concentration, memory, and confidence.

Within the first few months of working with Aura,  
we were able to:



Decrease Pain



Provide a seamless  
experience to our clients



Accelerated Recovery

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