

# CASE STUDY

## Accelerating Athletic Recovery: AuraWell's Unified Approach



### Challenge

Colby, a dedicated 17-year-old multi-sport athlete, faced a severe shoulder injury that jeopardized his dreams of playing sports at the university level. The injury, an inferior labrum tear in his right shoulder, caused intense pain and limited his range of motion. To achieve a quick and safe return to his sports, a collaborative medical team integrated AuraWell PEMF therapy alongside traditional treatments for an optimized recovery approach.

### Solution

The medical team, including the team physician, training staff, physical therapist, and PEMF professional, collaborated to develop a holistic treatment plan. Integrating AuraWell PEMF therapy played a vital role in fostering a healthy cellular environment for healing, reducing inflammation, and eliminating pain. The combination of dynamic movements during PEMF therapy sessions and specific exercises targeting the shoulder allowed for optimized outcomes and decreased recovery time.

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## Results

Colby's remarkable progress is evident. In just four visits, AuraWell PEMF therapy and guided movement exercises restored his full range of motion and alleviated pain. He returned to sports within two weeks and performed exceptionally throughout the season, thanks to the accelerated recovery facilitated by AuraWell PEMF therapy.

Colby's journey exemplifies the transformative power of collaboration and innovative therapies like AuraWell PEMF. By combining medical expertise with groundbreaking approaches, his recovery was accelerated, and his functional independence restored. This case study serves as inspiration for athletes and medical professionals, encouraging exploration of alternative methods to optimize recovery and achieve greater success.

Within the first few months of working with Aura,  
we were able to:



Decrease Pain



Provide a seamless  
experience to our clients



Accelerated Recovery

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